



# 4-H Food Challenge



## Meherrin River Chefs

**When:** Classes start Thursday March 1, 2018 and will meet every other week for a series of 6 total sessions.

**Time:** 6:00-8:00 PM

**Cost for Series:** \$10.00 per youth

**Where:** Greenville/Emporia Extension Office  
(105 Oak Street, Emporia, VA 23847)



Senior Teams: Ages 14-18

Junior Teams: Ages 9-13

### What is Food Challenge?

Are you a fan of Chopped or similar TV shows featuring food competitions? If so, you may want to check out our new 4-H Food Challenge Program. This program challenges youth to create a dish using only a predetermined set of ingredients and supplies. From these ingredients, team members must identify and prepare the dish, then make a presentation about it to the judges! Participants will learn how to work in a team, prepare and cook food, kitchen and food safety, oral presentation skills, creativity, and knowledge of nutrition.

**Return registration form with \$10.00 payment to Virginia Cooperative Extension.**

Please complete the Registration Form below by **February 22, 2018**.

Send form with \$10.00 payment of Cash, Check or Money Order payable to: Treasurer VT.  
Mail to: Virginia Cooperative Extension-Greenville/Emporia, 105 Oak Street, Emporia, VA 23847

To pay by credit card, go to: <https://register.ext.vt.edu/> and advance search for program by location.  
There will be no refunds after February 22, 2018.

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Gender: Male:  Female:

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Parent Printed Name: \_\_\_\_\_

**\$50.00 Fee on all returned checks**

**SPACE IS LIMITED!** Availability is based on a first come, first serve basis. If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Hannah Parker at (434) 348-4223 during business hours of 8 a.m. to 5 p.m. to discuss accommodations 5 days prior to the event.



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